

## Details on sessions for UnRetreat, September 26

### ❖ 1:10-2:30 Room 1: Folk Revival of the Fifties and Sixties, hosted by Mary Armitage

This will be a singalong/playalong session with familiar songs and easy arrangements encouraged. Need song ideas? Please check out the website:

<https://www.waybackattack.com/top100-folkhits.html> You will find a list of all the most popular songs to jog your memory. You can, of course, include songs which are not on the list, but I suggest, if you use the list, you choose three or four in case someone else shares your favourite! The one positive thing about on-line musical gatherings is that it is an excellent opportunity to jam as no one can hear you make mistakes, so how about digging out those guitars, ukes, fiddles, tambourines, shakers etc and join in. Most of these songs only have three chords and PLEASE be sure to tell us what key you are playing in!

### ❖ 1:10-2:30 Room 2: Shanties and Songs of the Sea, hosted by Dawn Berg

Bring your traditional and contemporary sea songs and shanties. Parodies, pirates, and poetry welcome!

### ❖ 2:30-3:00 Room 1: Learn a Song with Barry Truter

Barry Truter has performed with musical group Fraser Union ([fraserunion.com](http://fraserunion.com)) since 1986. He is a cofounder of the Georgia Strait Guitar Workshop ([gsgw.ca](http://gsgw.ca)), and is a frequent instructor at music camps in the Pacific Northwest. He writes: "I'll be teaching a song I wrote called 'Levuka Town' from my island-hopping travels in Fiji, Samoa, and Tonga. It's the kick-off song on my album *Traveller*. The words and music are in my newly-published book, *Traveller: Stories and Songs in the Key of Connection*. The song is in the key of D with simple chords and a South Pacific vibe. Words and music provided." Download lyrics and chords for 'Levuka Town' from the VFSS website at <https://folksongsociety.files.wordpress.com/2021/09/levuka-town-lyrics.pdf> and <https://folksongsociety.files.wordpress.com/2021/09/levuka-town-score.png>

### ❖ 2:30-4:00 Room 2: We All Need a Laugh, hosted by Leona Axbey and Ian Edwards

How many folksingers does it take to change a lightbulb? Wait a minute. The funny song section at the retreat will not limit you to one or two gags. Some of the best parodies are public policy critiques and, while amusing, offer serious comment. Some songs manage to dig out something funny from the most ghastly circumstances, that's why they're sung. Or it could be something quite light and just done for its own sake around a campfire. So, parody, horror, belly laugh, children's song or some other humorous type, just sing what you want.

### ❖ 3:00- 4:30 Room 1: Songs of Hope and Faith, hosted by Rick Pollay

Songs of hope and faith can help us cope with life's challenges, creating community and connections. Come along to share both secular and sacred songs at this inspiring session.

❖ **4:00-4:30 Room 2: Learn a Song with Lynn Applegate**

Lynn Applegate has been performing music for over 40 years. She and her father, Bob Jackson, perform as the folk duo Northshore Ramblers at festivals, community events, and on the radio. Lynn writes: "I'll be teaching one of my all-time favourite songs, 'Give Yourself to Love,' by Kate Wolf. Many years ago, I worked out a simple guitar part that really makes the song, which I will be teaching at the UnRetreat. If you don't want to learn the riff, you can simply play and/or sing along. I play this song in the key of G and will provide the words and chords both before and at the workshop." Note: Downloads for 'Give Yourself to Love' will be available soon on the VFSS website.

❖ **4:30-5:30 Room 1: Canadian Songs (including originals),** hosted by Gary Poole

Canada is a big country with a big folk music heritage. In this hour, you can play some of those songs, along with others you might have written that add to our heritage.

❖ **4:30-5:30 Room 2: Traditional Songs,** hosted by Helen Shilladay.

No Neil Young here! This session is strictly 'Old Skool.' Leave your self-penned efforts and modern classics for another time, and delve instead into our glorious Folk past. This is the place for songs from when Adam was a lad; songs steeped in beer, wine and history. Come share the songs that connect us to life as it was lived by our forebears. Ploughboys, milkmaids, sailors, miners, fiddlers, highwaymen, strumpets, lovers, thieves, rebels, and young ladies not averse to cross-dressing and going to sea 😊 - gather here and give us your "blast from the past."